



## **EMIT<sup>(TM)</sup> Study**

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### **What is the EMIT Study?**

**EMIT** stands for **EMF Mitigation Impact Tracking**. The **EMIT Study** will help people track changes that occur as they reduce EMF/radiofrequency/dirty electricity exposures in their homes. It will also allow us as researchers to pull together this data, analyze it and publish it. The study will be IRB-approved and HIPAA-compliant.

### **How does the EMIT Study work?**

#### **1) *Cloud-based data capture***

The Higher Synthesis Foundation is building a data-capture platform that structures how people track their journey through lowering their EMF/RF/dirty electricity exposures. Because the platform is cloud-based, people from many different places can participate.

#### **2) *Organized stepwise process of exposure reduction and impact tracking.***

Each person or household participating in the study will follow these steps:

- Fill out baseline information regarding history, symptoms, and location of exposure sources.
- Use a meter to measure baseline readings of exposure levels in various locations.
- Perform the initial basic exposure reduction interventions.
- Re-measure exposure levels.
- Track changes in symptoms over several weeks.

#### **3) *Opportunity to repeat the above cycle.***

Instructions will be provided on how to perform the initial intervention. Instructions will also be made available for how to perform subsequent more complex interventions and track them through the same steps as outlined above.

### **Who will we recruit as study participants?**

The study will initially focus on people with autism, because anecdotal reports suggest improvements in status (e.g., reduction or elimination of autism-related symptoms) when exposures are reduced. These changes need to be documented prospectively; this has not to our knowledge been done before.

We will expand participation beyond autism in the second phase of the study..

### **What do we aim to accomplish?**

- 1) ***Provide a support system to educate people about the impacts of EMF/RF/dirty electricity.***
- 2) ***Make EMF mitigation easier for people.***
- 3) ***Collect data on these changes to help meet the need for research on impacts and on interventions.***

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